



CIRCUMCISION: HOW, WHEN & WHY

Recent studies estimate that just under 60% of South African men are circumcised.

In this info sheet, we will outline some of the benefits of medical circumcision, allowing you to make the right choice for your health by opting for medical circumcision.



First thing's first: What is circumcision?

Circumcision is the surgical removal of the foreskin (which is the tissue covering the head or glans) of the penis. The practice has its roots in religious and traditional rites, but has many medical benefits when done professionally.



The benefits of circumcision

Medical circumcision has many benefits, including improved hygiene and cosmetic effects. In a medical setting, circumcision is done safely and cleanly, minimising your chance of infection and maximising the benefits of the procedure.



The procedure: How it works

At Unjani Clinic, we utilise the Unicirc Circumcision instrument, a surgical assist male circumcision device. Unicirc circumcisions are safe, quick and highly cost-effective, providing excellent cosmetic results. The glans is visible throughout the procedure and there are no sutures or stitches required – medical-grade tissue adhesive is applied instead. The entire procedure is quick and heals rapidly.

Circumcision myths & facts

Myth: Circumcision is just a 'cosmetic' procedure.

Fact: Circumcision offers clear and proven lifelong medical benefits.

Myth: Circumcision limits your sexual function.

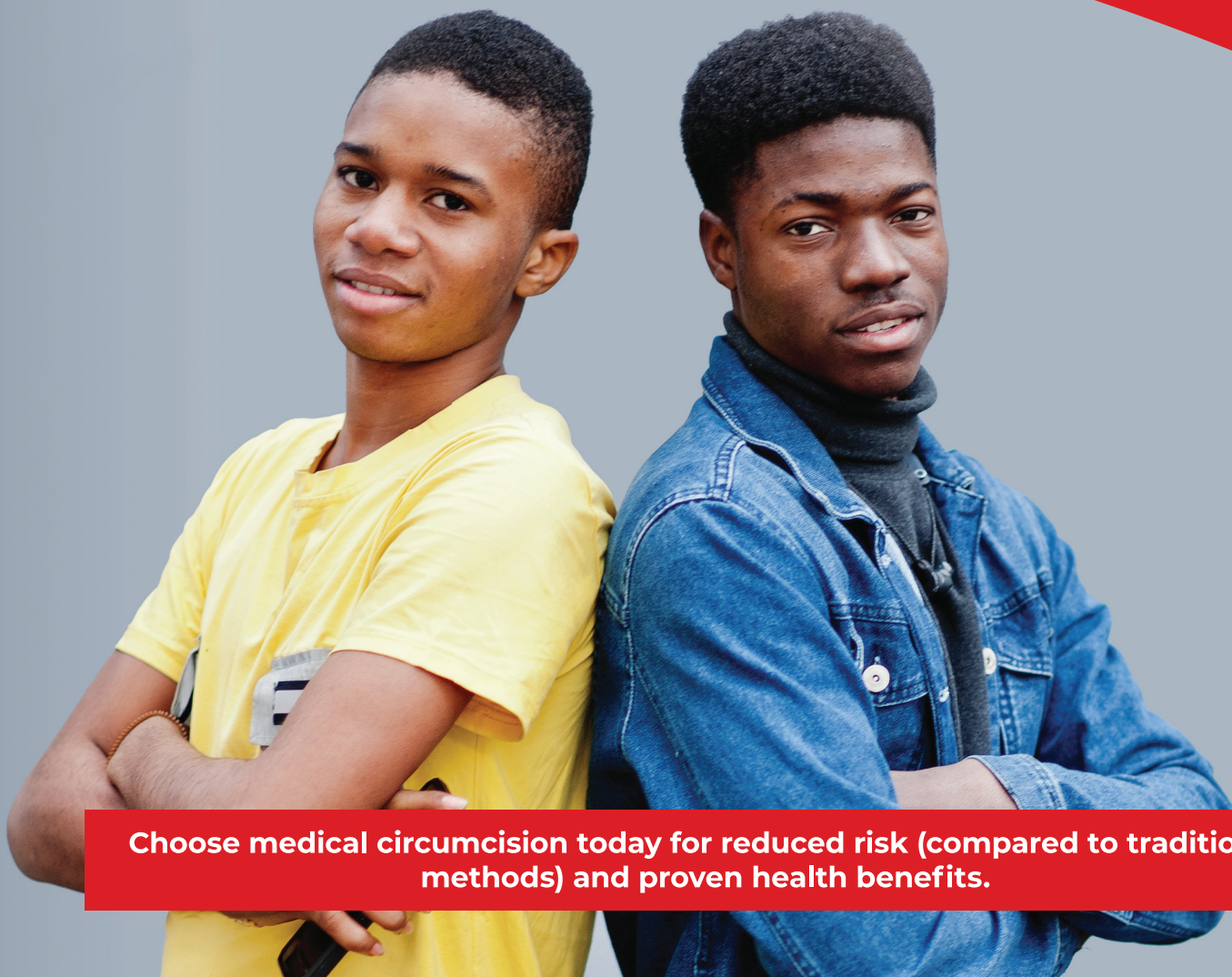
Fact: Circumcision does not affect your ability to have and maintain an erection, nor does it limit your pleasure or ability to have children. Circumcised and uncircumcised men do not have different sexual experiences or abilities.

Myth: You should wait until a child is older / can decide for himself before circumcising.

Fact: Circumcision offers significant benefits for children, especially in the first year of life, including reduced risk of phimosis – a condition in which the foreskin cannot be pulled back from the head of the penis.

Myth: Circumcision can always lead to injury.

Fact: Medical circumcisions are generally safe, with a very small percentage experiencing negative results. When done in a sterile environment using the correct tools, circumcision is exceedingly safe.



Choose medical circumcision today for reduced risk (compared to traditional methods) and proven health benefits.